

# Healy World Key Figures

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### **Product Studies**

#### Successful Findings in PMCF\* Study: Proven Safe and Effective

Microcurrent therapy using the Healy device has been demonstrated to be efficient and safe under real-world conditions for the treatment of each of the conditions for which the device is certified (chronic back pain, skeletal system pain, fibromyalgia, migraine, or supportive treatment of depression).

#### Study link: https://www.dovepress.com/articles.php?article\_id=88825

## Post-market Clinical Follow-up Study on the Efficacy and Safety of the Healy Electrostimulation Device

#### Assessment

- Health related Quality of Life (SF36)
- Pain Score Assessment (valid for chronic back pain and skeletal pain)
- Severity of Migraine Assessment (MIDAS; valid for indication migraine only)
- Mental Illness Assessment (PHQ-9, valid for indications fibromyalgia and depression only)
- Anxiety assessment (GAD-7, valid for indications fibromyalgia and depression only)
- Sleep quality (ISI, valid for indications fibromyalgia and depression only)

#### Study procedure

1-2 per day indication specific Healy microcurrent applications

#### Study groups / indications

- Chronic back pain (N = 49)
- Skeletal system pain (N = 50) Fibromyalgia (N = 51)
- Migraine (N = 49)
- Depression, anxiety and associated sleep disorder (N = 50)

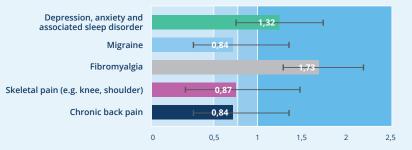
#### Incentive

Healy Coil or Healy Watch

Observational study with 249 participants; Error bars = 95% confidence interval

Health related quality of life (SF 36 Total Score)

#### Cohen's d RM\*



\*Effect size (Cohen's d for repeated measurements):





Frequencies for Your Life

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